



Bentham Beagles Running Club

Club Health and Safety Policy

1. It is the policy of Bentham Beagles Running Club to ensure as far as reasonably practicable, the health and safety of all club members engaged in club activities. Club activities are defined as those advertised on the club website, via club e-mail, or announced at a club meeting.
2. The Club Committee and coaches are to ensure that club training events are managed safely. This entails a common sense approach to ensuring that actions identified in the risk assessments conducted for training activities are acted upon and that any adverse situations which could occur such as severe weather conditions during a training activity managed in a safe manner.
3. It is the responsibility of all club members to act safely and to look after other club members. Individual club members should bring to the attention of a club official any injury or other factor that may affect their health or that of another during a training session.
4. Risk assessments have been completed for each club training activity, are displayed on the constitution page of the club website, and will be reviewed annually by the committee. Events organised by Bentham Beagles Running Club each have their own risk assessment as required under the licensing/permitting authority.
5. For all club training sessions including training at Bentham Playing Fields will endeavour to have a First Aider present. First Aid kits are available at the clubhouse and with the Coach for each session. A list of First Aiders is displayed on the club website.
6. Incidents that result in an 'accident or near miss' during a club activity must be reported immediately to the coach present and a committee member. At the first opportunity the committee or quorum of the committee will decide what further action is to be taken.
7. There is a club procedure for dealing with emergencies, accidents or incidents on the constitution page of the club website.

Last Reviewed by Committee: 30th October 2011